

Sharon Heldt is a leading arts educator with 26+ years in Music Theatre, Theatre & Film. Sharon has extensive experience in teaching and directing children and aspiring young adult professionals. Over her career, Sharon has directed over 60 devised theatre productions and book musicals across the GTA.

sharonheldt.com

### Contact

**Phone** 

416.910.9415

**Email** 

sharon.heldt@gmail.com

**Address** 

96 Ninth Street, Toronto, ON M8V 3E4

# **Education**

1986

Theatre Arts- Humber College University/College

1992-94

**Banff Advanced Actors' Workshop** 

# **Expertise**

- Direction of Musicals & Plays
- Scene Study & Text Analysis
- Staging & Duet Choreography
- Improvisation
- On Camera Acting
- Collaborative Devised Theatre

# Sharon Heldt

## Actor/Director/Arts Educator

# **Experience**

2022- Present

MASTER CLASS TRIPLE THREAT INTENSIVE- Sharon Heldt & Patricia Warnock

### Artistic Director

### Teaching focus: Song as a Monologue, Scene Study and Direction/Staging of Final Presentation.

- A unique program where emerging artists are working alongside acting professionals to hone their Music Theatre skills. We also offer full and partial scholarships to include all participants.
- Alongside my directing partner, Patricia Warnock, we oversee the hiring and direction of a
  diverse community of choreographers, vocal tutorial teachers, improvisational educators,
  accompanists, on-camera educators, yoga/meditation guides, and an exciting lineup of
  Broadway Talk Backs & Workshops.

2015 -Present

ETOBICOKE SCHOOL OF THE ARTS- Head of Program- Ms. Patricia Warnock

### O Director

Teaching focus: Direction & duet choreography, staging, costume/set design, detailed notes.

- FIDDLER ON THE ROOF 2019/20
- RAISE YOUR VOICE REVUE 2018/19
- CABARET 2017/18
- ON BROADWAY REVUE 2016/17
- **A CHORUS LINE** 2015/16
- Revues include: Westside Story, Sound of Music, Footloose, Hair, Into the Woods, Company,
   A Little Night Music, Nunsense, Spring Awakening, Rent, Jersey Boys & Beautiful
- Gr. 11 & 12 (4 different casts/ 100 students) September to February.
- ESA Entrance Adjudicator 2004- 2019

#### 1996-Present

YOUNG PEOPLE'S THEATRE - Drama School Coordinator Taran Bamrah

### O Arts Educator

### ${\bf Teaching\ focus:}\ Drama\ {\bf Teacher\ incorporating\ improvisational\ skills\ to\ develop\ collective\ creations}$

- On-Camera Gr. 4-12 1995- 2006
- Improvisation Educator 2006- Present-
- Responsible for all classes and final presentations at YPT's Etobicoke location
- On-Camera Audition & Scene Study, Dramaturge children's collective creations, Direct their original scripts. SK- Gr. 9

### 2015 - Present

ACTING OUT! KIDS THEATRE- Artistic Director- Sharon Heldt

### Artistic Director

### Teaching focus: Drama Teacher incorporating improvisational skills to develop collective creations

- Collective creations give our actors an opportunity to build a show through improvisation
  to original script. We also lead and engage a team of diverse arts educators/ choreographers/
  music directors to support our students preparing for arts schools. High School Audition
  Preparation. Summer Camp / March Break Madness & Holiday Wishes (Holiday show)
- Improvisation -Scene Study Monologues Shakespeare Adult Improvisation Movement -Voice - Mime - Mask - Arts High School Audition Preparation

# **Experience**

2003-2016

THEATRE AQUARIUS SUMMER MUSICAL PROGRAM-Director Lou Zamprogna

### **Director/Arts Educator**

### Teaching focus: Drama Teacher, Improvisation, Song as a Monologue, Director of Play presentation- Audition Preparation Technique

- Collaborated with Lou Zamprogna to bring acting to the forefront of the Music Theatre Triple Threat Education.
- Drama Program Educator-Prepared participants in the process of a Play Presentation and Auditioning for a Musical.
- (50-70 participants. Ages 15-35

2016 - 2019

ZAMARTS (Formally Theatre Aquarius Music Theatre Program) Directors- Gema & Amanda Zamprogna

### **Director/ Arts Educator**

### Teaching focus: Drama Teacher, Improvisation, Song as a Monologue, Director of Play presentation- Audition Preparation Technique

- Zamarts focused on audition skills for 30-40 aspiring performers in Music Theatre, preparing them for their Musical Production.
- Audition technique, monologues, scene study, introduction to Shakespeare, selection and direction of play presentation.

#### 2008- Present

CAWTHRA HIGH SCHOOL (ARTS) Drama Department Head- Ms. Stacey Tiller

### Arts Educator/ Director

### Teaching focus: Drama Teacher and Director for Canadian Plays and Theatre of the Absurd, Improvisation Presentation

- Guest Artist Scene Study Workshops
- Scene Study workshops in the Drama Department focus on the direction of Theatre of the Absurd & the popular works of Canadian Playwrights.
- NTS Adjudicator (formally Sears Drama Festival) 2014- Present
- NTS Adjudicator reads all plays for competition, taking comprehensive notes & leading discussion with playwrights, directors, creative teams & actors to support and determine which company moves forward in competition.

#### 2008- Present

HOWARD PUBLIC SCHOOL (ARTS) Producer- Liz Pounsett

### **Arts Educator/ Director**

- SHREK 2023
- JUNGLE BOOK 2012
- SEUSSICAL THE MUSICAL 2010
- A MIDSUMMER'S NIGHT DREAM 2008
- **WIZARD OF OZ** 2008
- Responsible for casting and direction of 2 casts for each production.
- Improv Workshops (Gr. 1-6 ) 2004-2016
- Focused the creativity of improv to help children struggling in French immersion. Empowered them to create characters and find confidence to use their new language to create scenes.

# References

### **Patricia Warnock**

Head of Music Theatre- ESA

**Phone:** (416) 662-1453

Email: patricia.warnock@tdsb.on.ca

### **Taranjot Bamrah**

Drama School Coordinator- YPT

**Phone:** (416) 648-5456

**Email:** tbamrah@youngpeoplestheatre.org

### **Liz Pounsett**

Former Drama Director- YPT

**Phone:** (416) 878-7101

Email: lizpounsett@hotmail.com